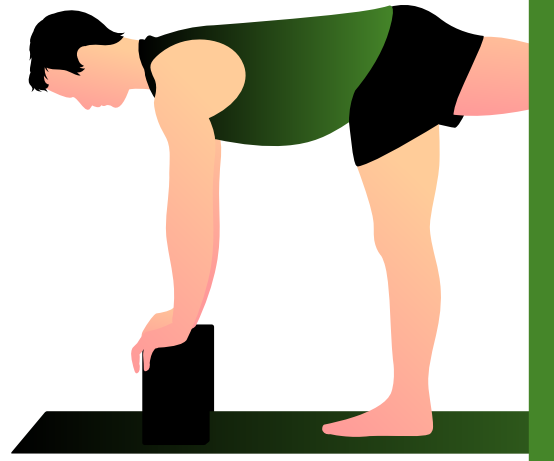




TOADAL RESULTS



In the zone!



LIVE OAK TOADAL - 1200 17TH AVENUE, SANTA CRUZ

MONDAY

WEDNESDAY

FRIDAY

7 AM - GABE

7 AM - GABE

7 AM - GABE

CABRILLO FITNESS - 6200 SOQUEL AVENUE, SANTA CRUZ

MONDAY

WEDNESDAY

FRIDAY

7 AM - ARIANA

7 AM - ARIANA

7 AM - ARIANA

SCOTTS VALLEY TOADAL - 269 MT HERMON RD, SCOTTS VALEY

MONDAY

WEDNESDAY

FRIDAY

9:30 AM - TERRI

9:30 AM - TERRI

9:30 AM - TERRI

FOR INFORMATION PLEASE CONTACT: TERRI@TOADALFITNESS.COM

**ASK A TEAM MEMBER FOR A GUEST PASS TO TRY TOADAL
RESULTS TODAY!**